


SUBJECT TO CHANGE

LUNCH MENU SUMMER 2022 WEEKS 1-4



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 27 NO CAMP	28 CHICKEN FINGERS FRENCH FRIES ISRAELI SALAD FRUIT	29 MAC & CHEESE CUCUMBER STICKS SLICED MELON	30 HAMBURGER TATER TOTS GARDEN SALAD PEACH/PLUM JELLO	JULY 1 PIZZA GARDEN SALAD WATERMELON
4  NO CAMP	5 HOT DOGS TATER TOTS SLICED RED PEPPERS PEACH	6 FRENCH TOAST MAPLE SYRUP RED PEPPERS FRUIT CUP PUDDING	7 BBQ CHICKEN LEGS RICE PILAF CORN NIBLETS PEACH/PLUM JELLO	8 PIZZA GARDEN SALAD WATERMELON
11 PENNE ALA VODKA MOZZARELLA STICKS SALAD PEACHES	12 COLD CUT HEROES KNISHES PICKLES PEACH	13 SWEET & SOUR MEATBALLS RICE PEPPERS ORANGES	14 BAKED ZITI GARLIC BREAD GARDEN SALAD FRUIT	15 PIZZA GARDEN SALAD WATERMELON
18 SPAGHETTI MEATBALLS GARDEN SALAD PINEAPPLE	19 TACOS YELLOW RICE CUT VEGGIES MELON	20 CHICKEN CUTLET SANDWICH TATER TOTS CUCUMBER SLICES MELON	21 TRIP LUNCHES	22 PIZZA GARDEN SALAD WATERMELON

Dairy Alternate Selections Include: Bagel w/ Cream Cheese or Margarine /Yogurt /Fruit /American Cheese /Sun Butter Uncrustables/ Pasta/Gluten Free Pasta (Available on Pasta Days)

Meat Alternative Selections: Parve Bagel with Parve CC /Fruit/Sun Butter Uncrustables/Hard Boiled Eggs/Turkey Sandwich/Pasta

SUBJECT TO CHANGE

LUNCH MENU

SUMMER 2022

WEEKS 5-8



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 CHICKEN FINGERS FRENCH FRIES ISRAELI SALAD FRUIT	26 SPAGHETTI MEATBALLS GARDEN SALAD PINEAPPLE	27 FRENCH TOAST MAPLE SYRUP TATER TOTS FRUIT CUP PUDDING	28 GRILLED CHEESE TATER TOTS FRUIT PUDDING	29 PIZZA GARDEN SALAD WATERMELON
AUGUST				
1 CHEESE QUESADILLA YELLOW RICE SLICED MELON GARDEN SALAD	2 PENNE ALA VODKA MOZZARELLA STICKS SALAD PEACHES	3 BAGEL TUNA/EGG SALAD BUTTER/CREAM CHEESE CUCUMBER STICKS PEACH/PLUMS	4 MAC & CHEESE CUCUMBER STICKS SLICED MELON	5 PIZZA GARDEN SALAD WATERMELON
8 FALAFEL PITA ISRAELI SALAD FRUIT	9 COLD CUT HEROES KNISHES PICKLES PEACH	10 BBQ CHICKEN LEGS RICE PILAF CORN NIBLETS PEACH/PLUM JELLO	11 SWEET & SOUR MEATBALLS RICE PEPPERS ORANGES	12 PIZZA GARDEN SALAD WATERMELON
15 PENNE ALA VODKA MOZZARELLA STICKS SALAD PEACHES	16 HAMBURGER FRENCH FRIES GARDEN SALAD PEACH/PLUM JELLO	17 CHICKEN CUTLET SANDWICH TATER TOTS CUCUMBER SLICES MELON	18 BAKED ZITI GARLIC BREAD GARDEN SALAD PUDDING	19 PIZZA GARDEN SALAD WATERMELON

Dairy Alternate Selections Include: Bagel w/ Cream Cheese or Margarine /Yogurt /Fruit /American Cheese /Sun Butter Uncrustables/ Pasta/Gluten Free Pasta (Available on Pasta Days)

Meat Alternative Selections: Parve Bagel with Parve CC /Fruit/Sun Butter Uncrustables/Hard Boiled Eggs/Turkey Sandwich/Pasta